

Discovery: A Practical Look

Teresa Brandenburg, MRC, CRC
Human Development Institute - UK
Lexington, KY

What is Discovery?*

- ▶ A process to get to know someone
- ▶ SPEND time with someone rather than testing
- ▶ The best way to find what someone has to offer an employer
- ▶ Get to know people in the settings where they are most who they are
- ▶ A way that you can identify unique qualities and skills they can offer an employer.
- ▶ Foundation for job development
- ▶ Matches job applicant with jobs that make sense

*MarcGold.com

How do I begin Discovery?

- ▶ Review information on consumer
- ▶ Identify places to go with the consumer
 - ▶ Build on these activities
- ▶ With the consumers permission Identify people in their life to talk too
- ▶ Each activity is individualized based on the consumer

What is the first rule of Discovery?

Do not ask the consumer what type job they want?

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Actions Speak Louder
than Words

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Joe Jones

- ▶ 42 year old man
 - ▶ Down's Syndrome
 - ▶ Wants to work in the community
 - ▶ Worked for last 22 years in a Sheltered Workshop
 - ▶ Lives at home with Mom and Dad
 - ▶ Joe has worked in the community when he was in high school. He worked as a dishwasher but lost that job.
 - ▶ Joe's favorite job at the Workshop is working with the grounds crew
 - ▶ Joe wore UK apparel to the first meeting with the employment specialist
 - ▶ Joe shoots basketball while on breaks
 - ▶ Joe's girlfriend got a job at McDonald's and now Joe wants to work at McDonald's too.
- ▶ What type of individualized discovery activities would you do? Why?
 - ▶ What do you want to learn?
 - ▶ Who would you talk too? Why?

Amy Adams

- ▶ 25 years old
- ▶ Bi Polar diagnosis
- ▶ Loves to draw
- ▶ Has had 7 jobs in last 4 years
- ▶ Has a High School Diploma
- ▶ Currently in Therapy at the local mental health center
- ▶ Has had the same OVR Counselor off and on for 8 years
- ▶ Volunteers at the local pet shelter
- ▶ What individualized discovery activities would you do? Why?
- ▶ What do you want to learn?
- ▶ Is there anyone you would want to talk with?

Sally Sawyer

- ▶ 33 years old
 - ▶ IQ of 70
 - ▶ Limited vocabulary
 - ▶ Has not worked since high school
 - ▶ Currently in day program
 - ▶ Waters plants everyday
 - ▶ Grows her own tomatoes every year, in which she gives away excess to neighbors
- ▶ What are your individualized discovery activities? Why?
 - ▶ What do you want to learn?
 - ▶ Who do you want to talk to?

Toby Thomas

- ▶ Aged out of school
 - ▶ autistic
 - ▶ Lead a sheltered life
 - ▶ Parents want him to go to a sheltered workshop but must go through VR/SE 1st due to 511
 - ▶ Toby watches videos for most of the day
 - ▶ Has not been exposed to work in the community
 - ▶ He is agreeable and likes people
- ▶ What type of individualized discover activities do you do? Why?
 - ▶ What do you want to learn?
 - ▶ Who do you talk to?

What are some unique things you
have done for Discovery Activities?

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Those who say
it can't be done
should not
interrupt the
ones doing it.

runningthroughlife.com

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